JANUARY 2023 CENTRAL YORK HIGH SCHOOL

LUNCH MENU

• Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices

NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA

• Alternate Line Available Everyday. Menu will change Daily.

Fresh Vegetables offered Daily

LUNCH PRICES

Students - \$2.80 Reduced - \$.40 Adults -\$4.10 Milk - \$0.80 Milk is included with each meal:

1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy. Lactaid.

	• Fresh Vegetables offered Daily. • The short of the sho			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 2	Nacho Dippers w/Meat & Cheddar or Queso Cheese Salsa/Sour Cream Black Beans/Churro Fruit, Milk	Sloppy Joe Sandwich French Fries Steamed Carrots Fruit Milk	Meatball Sub Oven Potatoes Green Beans Fruit Milk 5	Chicken Poppers Mashed Potatoes Corn/Gravy Fruit Milk 6
Cheeseburger French Fries/Onion Rings Glazed Carrots Fruit Milk 9	French Bread Pizza Baked Beans Fruit Milk	Chicken & Cheese Quesadilla Mexican Fiesta Rice Corn Fruit Milk	Stromboli Chef Blend Vegetables Fruit Milk	EARLY DISMISSAL Deli Sandwich Baked Lays Chips Paradise Punch/Carrot Pack Fruit Cup, Milk 13
NO SCHOOL	Cheese Pizza Sticks Marinara Sauce Peas Fruit Milk 17	Chicken Nuggets Scalloped Potatoes Mixed Vegetables Fruit Milk 18	EARLY DISMISSAL HS FINALS Deli Sandwich Chips/Paradise Punch Carrot Pack, Fruit Cup Milk	EARLY DISMISSAL HS FINALS Deli Sandwich Chips/Paradise Punch Carrot Pack, Fruit Cup Milk
Deep Dish Pizza Baked Beans Fruit Milk	Chicken Tenders Seasoned Rotini Steamed Carrots Fruit Milk 24	French Toast Sticks *Sausage Links Hash Browns Juice Cup/Fruit Milk 25	Cheese Steak Sandwich Pierogies Steamed Broccoli Fruit Milk 26	Shrimp Poppers Creamy Mac & Cheese Green Beans Fruit Milk 27
Big Daddy's Pizza California Blend Vegetables Fruit Milk	Chili Cheese Bread Stick Fruit Milk			
30	31			